Reviewed Sep 12, 2024 09:47

Erudus ID 16580a25c22e427b8b20de6c46d8d1e5

Version 2.0



Diggers Southern Fried Fillets 125g 5 x 1kg

Southern Fried Fillets 125g 5x1000g

PRODUCT DESCRIPTION

Tender chicken fillets coated in crispy golden breadcrumbs.

Brand	Pan Euro Foods
Manufacturer Product Code	35330/13520
Product Type	Food
Product Category	Chicken & Turkey
Storage Type	Frozen
Erudus ID	16580a25c22e427b8b20de6c46d8d1e5
Specification Type	Meat

Inner Component GTIN	5391511141180
Outer Case GTIN	05391511141197















INGREDIENTS

Ingredient Declaration

Chicken Breast Fillet (58%), Breadcrumb (12%) [WHEAT Flour, Yellow Corn Flour, WHEAT Starch, Spice (Black Pepper, White Pepper), Salt, Sugar, Yeast, Colours (Paprika Extract, Curcumin)], WHEAT Flour, Tapioca Starch, Palm Oil, Salt, Water, Acidity Regulators (Sodium Citrates, Sodium Carbonates), Spices (Black Pepper, White Pepper, CELERY Seed), Thickener (Modified Tapioca Starch), WHEAT GLUTEN, Yeast Extract, Raising Agents (Diphosphates, Sodium Carbonates), Garlic Powder, Flavour.

ALLERGENS

Product Contains:

Celery/Celeriac	Yes
Cereals Containing Gluten	Yes
Barley	No
Oats	No
Rye	No
Wheat (including Spelt and Khorasan)	Yes
Crustacea	No
Eggs	May Contain
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No

Mustard	No
Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	May Contain
Soybeans	May Contain
Sulphur Dioxide and Sulphites	No

Risk Source:

Additional Allergen Information

For allergens including cereals containing gluten, see ingredients in bold. May also contain Soya, Milk, Egg and Sesame.

DIET SUITABILITY

Halal Diet	Suitable for	Kosher Diet	No

Energy Fat Saturates Salt Sugars 924 kJ 9.7 g 5.1 g 0.9 g 1.31 g 220 kcal MED HIGH LOW MED 11% 14% 22%

of your reference intake.

Typical values per 100g/ml : Energy 220kcal / 924kJ

Nutrient	per 100g	RI per 100g	per 125g serving	RI per 125g serving
Energy (kJ)	924 kJ	11%	1155 kJ	14%
Energy (kcal)	220 kcal	11%	275 kcal	14%
Fat	9.7 g	14%	12.1 g	17%
of which Saturates	5.1 g	26%	6.4 g	32%
Carbohydrate	18.6 g	7%	23.3 g	9%
of which Sugars	0.9 g	1%	1.1 g	1%
Fibre	1.3 g		1.6 g	
Protein	14 g	28%	17.5 g	35%
Salt	1.31 g	22%	1.6 g	27%

Serving Size	125 g
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HANDLING & STORAGE INFORMATION

Directions For Use

Remove all packaging prior to cooking. All applicances vary, the below are guidelines only. To Oven Bake From Frozen Place on a baking tray in a preheated oven 180-200 [/360-400°F/Gas Mark 5/6 for approx 18-20 minutes. To Deep Fry From Frozen Fry product in preheated oil at 180 [for 7-8 minutes.]

Storage Instructions

Store in the freezer at -180, but do not refreeze after thawing.

ORIGIN

Product Country of Origin/Place of China

Provenance

CONTACT INFORMATION Address

Pan Euro Foods Block 9C

Beckett Way

Park West Business Park

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