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Kara MK5 Spiced Fruit Teacakes 6 x 8

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PRODUCT DESCRIPTION

A white sweetened bread cake with added currants, sultanas and raisins, with a blend of warm spices and brown sugar.

Brand	Kara Foodservice (Fletchers)
Manufacturer Product Code	F00273
Product Type	Food
Product Category	Bread and Bread Products
Storage Type	Frozen
Erudus ID	6b939bf2948c45d996f3c708ffd86ad2
Specification Type	Legacy



Outer Case GTIN 05011639004029



INGREDIENTS

Ingredient Declaration

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Mixed Soaked Fruit (17%) (Sultanas, Raisins, Currants), Brown Sugar, Yeast, Spice, Salt, Rapeseed Oil, Emulsifiers: E471, E472(e). Sugar, Flour Treatment Agents: E300, E920.

ALLERGENS

Product Contains:

Celery/Celeriac	No	Mustard	No
Cereals Containing Gluten	Yes	Nuts (Tree)	No
Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
Gluten content <20ppm	No	Macadamia (Queensland) nuts	No
Crustacea	No	Pecan nuts	No
Eggs	No	Pistachio nuts	No
Fish	No	Walnuts	No
Lupin	No	Peanuts	No
Milk	No	Sesame Seeds	May Contain
Molluscs	No	Soybeans	No
		Sulphur Dioxide and Sulphites	No

Risk Source:

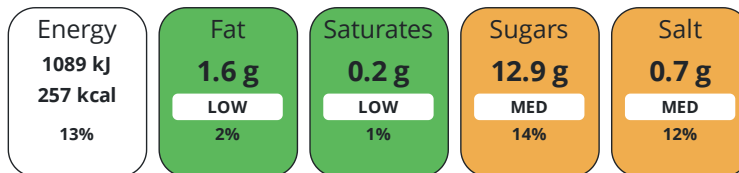
Additional Allergen Information

For allergens, including cereals containing Gluten, see ingredients in BOLD/CAPITALS MAY CONTAIN SESAME SEEDS

DIET SUITABILITY

Suitable for Coeliacs	No	Halal Diet	No
Kosher Diet	No	Vegetarian Diet	Suitable for
Vegan Diet	Suitable for		

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 257kcal / 1089kJ

Nutrient	per 100g/ml	RI per 100g/ml	per 66g/ml serving	RI per 66g/ml serving
Energy (kJ)	1089 kJ	13%	718.7 kJ	9%
Energy (kcal)	257 kcal	13%	169.6 kcal	8%
Fat	1.6 g	2%	1.1 g	2%
of which Saturates	0.2 g	1%	0.1 g	1%
of which Mono-unsaturates	0.7 g		0.5 g	
of which Polyunsaturates	0.7 g		0.5 g	
Carbohydrate	51.2 g	20%	33.8 g	13%
of which Sugars	12.9 g	14%	8.5 g	9%
Fibre	3.2 g		2.1 g	
Protein	8 g	16%	5.3 g	11%
Salt	0.7 g	12%	0.5 g	8%
Sodium	280 mg		184.8 mg	

Serving Size 66 g

HANDLING &
STORAGE
INFORMATION

Directions For Use

Defrost thoroughly before use. Remove from case and leave in bag at room temperature for 1 – 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days Do not refreeze.

Storage Instructions

Keep frozen, store frozen at -18°C (0°F) or below. Once defrosted do not re-freeze.

ORIGIN

Product Country of Origin/Place of United Kingdom

Provenance

Additional Origin Details

N/A

Address

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Manchester

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CONTACT
INFORMATION

The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus.

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