

100132

Tricolore Fries 12x450g

Tricolore Fries 12x

PRODUCT DESCRIPTION

Carrot, Beetroot & Parsnip Fries French fries with a twist thanks to the vibrant colours provided by carrots, beetroot and parsnips. All equally crunchy when they come out of the oven, deep fryer or air fryer.

Brand	Ardo UK
Manufacturer Product Code	3UJVL510/ 8737VGL/ 8652
Product Type	Food
Product Category	Vegetable
Storage Type	Frozen
Erudus ID	cd33332e18954e90b44662747f9a3aab
Specification Type	Legacy
Inner Component GTIN	5411361103180
Outer Case GTIN	05411361103197



INGREDIENTS

Ingredient Declaration

Carrot 29%, parsnip 28.5%, red beetroot 28.5%, vegetable oil (rapeseed oil, sunflower oil, in varying proportions), rice flour, modified potato starch, potato dextrin, maize flour, raising agents diphosphates and sodium carbonate, salt, tapioca dextrin, stabilisers xanthan gum and methyl cellulose, colours paprika extract and curcumin.

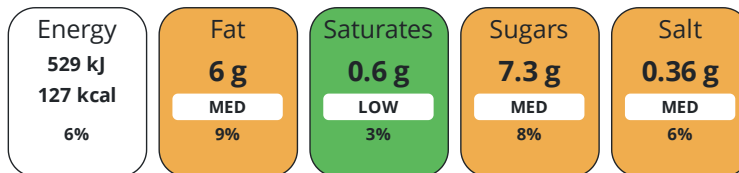
ALLERGENS

Product Contains:

Celery/Celeriac	No	Mustard	No
Cereals Containing Gluten	No	Nuts (Tree)	No
Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	No	Hazelnuts	No
Gluten content <20ppm	Yes	Macadamia (Queensland) nuts	No
Crustacea	No	Pecan nuts	No
Eggs	No	Pistachio nuts	No
Fish	No	Walnuts	No
Lupin	No	Peanuts	No
Milk	No	Sesame Seeds	No
Molluscs	No	Soybeans	No
		Sulphur Dioxide and Sulphites	No
Suitable for Coeliacs	Yes	Halal Diet	No
Kosher Diet	No	Vegetarian Diet	Suitable for
Vegan Diet	Suitable for		

DIET SUITABILITY

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 127kcal / 529kj

Nutrient	per 100g/ml	RI per 100g/ml	per 100g/ml serving	RI per 100g/ml serving
Energy (kJ)	529 kJ	6%	529 kJ	6%
Energy (kcal)	127 kcal	6%	127 kcal	6%
Fat	6 g	9%	6 g	9%
of which Saturates	0.6 g	3%	0.6 g	3%
Carbohydrate	14 g	5%	14 g	5%
of which Sugars	7.3 g	8%	7.3 g	8%
Fibre	4.9 g		4.9 g	
Protein	1.7 g	3%	1.7 g	3%
Salt	0.36 g	6%	0.4 g	7%
Serving Size	100 g			

Directions For Use

Oven: Place the frozen vegetable fries in a single layer on a baking sheet. Bake in a preheated oven at 200°C for 20 to 25 minutes or until golden and crispy, turning once. Do not overcook. Tip: the vegetable fries become extra crispy by using aluminium foil on the baking tray. Fryer: Deep fry the frozen vegetable fries for 3 to 4 minutes in preheated oil at 175°C. Do not fry too many at once to avoid heat loss. Do not overcook

Storage Instructions

Keep frozen at -18oC or below.

Product Country of Origin/Place of France

Provenance

Additional Origin Details

Carrots, parsnips and red beets: European Union. • Coating: European Union, Argentina, Brazil, Cambodia, Guyana, India, Myanmar, Pakistan, Thailand, Uruguay, United States, Vietnam. • Sunflower oil: Romania, Russia, Ukraine, Hungary, Austria, France, Spain, Poland, Slovakia, Czech Republic, Moldavia, Uruguay, Germany, Bulgaria, South Africa and Argentina

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