

600095

20 UCF 283g Proper Cornish Vegan Pasty

Cornish Vegan Pasty 20x

PRODUCT DESCRIPTION

Fresh vegetables mixed with vegan meat free mince encased in a hand crimped pastry case glazed with a dextrose glaze. Vegan alternative to a mixed steak pasty. Uncooked.

Brand	Proper Cornish Food Company
Manufacturer Product Code	48031
Product Type	Food
Product Category	Pies, Pizza, Sausages Rolls, Savouries
Storage Type	Frozen
Erudus ID	8ec324fe13914dcba7f8e3b8d3defb93
Specification Type	Legacy

Outer Case GTIN 05023281480311



INGREDIENTS

Ingredient Declaration

WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Potato, Vegetable Margarine (Vegetable Oils And Fats [Palm], Water, Salt, Lemon Juice), Water, Vegan Mince (9%) (Water, SOYA Protein Concentrate, SOYA Protein Isolate, Rapeseed Oil, Pea Protein, Shea Oil, Coconut Oil, Chicory Root Fibre, Thickener (Methyl Cellulose), Caramelised Carrot Concentrate, Carrot Fibre, Rice Protein, Vegetable And Fruit Extracts (Beetroot, Radish, Tomato), Yeast Extracts, Flavouring, Carrot Concentrate, Emulsifier (SOYA Lecithin), Antioxidant (Ascorbic Acid), Salt, Vitamins And Minerals (Niacin, Zinc, Iron, Vitamin B6, Vitamin B2, Vitamin B1, Vitamin B12)), Swede, Onion, White Shortening (Vegetable Oils And Fats [Palm, Rapeseed], Water, Salt, Lemon Juice), Salt, Gravy Powder (Corn Flour, Demerara Sugar, Yeast Extracts (Contains Salt, Glucose), Salt, BARLEY Malt Extract, Onion Powder, Carrot Powder, Spice (White Pepper), Acidifier (Sodium Acetate), Spice Extract (Pepper), Onion Extract), Cornflour, Yeast Extract (Yeast Extract, Salt), Vegan Glaze (Tapioca Dextrin, Dextrose), Black Pepper, White Pepper

ALLERGENS

Product Contains:

Celery/Celeriac	No	Mustard	No
Cereals Containing Gluten	Yes	Nuts (Tree)	No
Barley	Yes	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
Gluten content <20ppm	No	Macadamia (Queensland) nuts	No
Crustacea	No	Pecan nuts	No
Eggs	No	Pistachio nuts	No
Fish	No	Walnuts	No
Lupin	No	Peanuts	No
Milk	May Contain	Sesame Seeds	No
Molluscs	No	Soybeans	Yes
		Sulphur Dioxide and Sulphites	No

Risk Source:

Additional Allergen Information

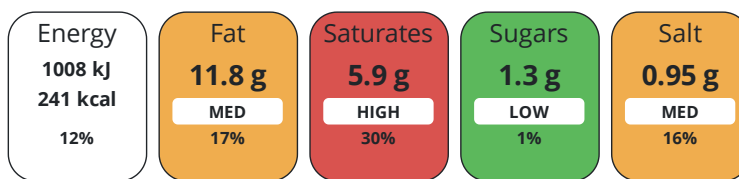
Produced in a factory that handles milk and therefore may contain milk

DIET
SUITABILITY

Suitable for Coeliacs	No	Halal Diet	No
Kosher Diet	No	Vegetarian Diet	Suitable for
Vegan Diet	Suitable for		

NUTRITIONAL
INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 241kcal / 1008kJ

Nutrient	per 100g/ml	RI per 100g/ml
Energy (kJ)	1008 kJ	12%
Energy (kcal)	241 kcal	12%
Fat	11.8 g	17%
of which Saturates	5.9 g	30%
of which Mono-unsaturates	0.9 g	
of which Polyunsaturates	0.1 g	
Carbohydrate	29.4 g	11%
of which Sugars	1.3 g	1%
of which Polyols	0 g	
of which Starch	27.9 g	
Fibre	2.3 g	
Protein	5.51 g	11%
Salt	0.95 g	16%
Sodium	380 mg	

HANDLING &
STORAGE
INFORMATION

Directions For Use

Always cook from frozen. Oven – Arrange frozen products on a baking tray and place into a pre-heated fan oven at 180°C/Gas mark 6. Bake for approximately 45-55 minutes until golden brown. Ensure a core temperature of >80°C is obtained before serving. (Adjustments may need to be made to suit particular ovens, see manufacturer's handbook for best results).

Storage Instructions

Keep frozen, store at -18°C. Do not defrost. Always cook before eating. Use within durability date. Handle boxes with care. Do not stack boxes more than 12 high

ORIGIN

Product Country of Origin/Place of United Kingdom

Provenance

CONTACT
INFORMATION

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